Sample SWMS



Excerpt from Safe Work Method Statement

| Activity | Hazard | Risk control measure | Persons responsible |
|---|---|---|--|
| Unloading materials by hand from a delivery truck | Body sprains and strains from lifting materials | Use correct lifting techniques | All personnel involved in the activity |
| | | Get assistance when lifting heavy loads | |
| | Splinters or cuts | Wear gloves | As above |
| | Being struck by materials | Take care when moving materials by hand | As above |
| | | Maintain an awareness of other people in the area | |
| | Trips and falls | Remove obstacles in pathway | As above |
| | | Be aware of uneven or unstable surfaces | |